



The Female Pelvis I

Instructor: Pilar Martin
September 1/2/3, 2017, Munich

- In this 3 day workshop we will explore the female pelvis, a keystone in our work, from the musculoskeletal, visceral and movement perspectives.
- We will consider the ligamentous, bony and muscular structures and address the different organs of the urogenital system. Special attention will be paid to the bladder, uterus, and their potential pathologies.
- You will learn and practice simple techniques that will allow you to recognize and treat structural distortions and functional imbalances in your clients.
- Through experiential anatomy and embodiment exercises we'll explore in ourselves how these structures relate to each other and to the rest of our body.
- We'll create space for the understanding of "core stabilization" and the development of skills to help our clients in its activation.



Pilar Martin

Is a Certified Advanced Rolfer™ and nurse-midwife. She trained at the European Rolf Institute in 1990. Her practice has been influenced by the work of Peter Schwind, Jean Pierre Barral, Hubert Godard and Susan Harper among others. Pilar lives in California where she practices and from where she travels to teach somatic practitioners in the U.S. and abroad.

Date: **September, 1/2/3, 2017**
Place: **Sollnerstrasse 43, 81479 Munich**
Time: **Begin: Friday, Sept. 1st - 10.00 am**
End: Sunday, Sept. 3rd - 3.00 pm
Credits: **3 SOP (2 Manipulation / 1 Elective Credits)**

Prerequisites for attending the workshop: **Female Practitioner**

Training Fee: **€ 470,-**

For participation please fill, sign and send in the registration form below!
Looking forward to meeting you in Munich – Pilar Martin & Konrad Obermeier

Registration:
Workshop "Female Pelvis I", SEPTEMBER 1/2/3, 2017

Fee: € 470,-

We will confirm your registration after receiving your payment.
You will receive a confirmation of participation together with your invoice during the workshop.

The following cancellation fees apply:

Cancellation up to six weeks before start: € 50,-

Cancellation fee up to two weeks before start: 50% of the full tuition.

Cancellation less than two weeks before start or no-show: 100% of the full tuition.

A minimum number of participants is requested. If this minimum is not reached, the class can be cancelled by organizer.

Registration:

I have read and agree to the conditions above and hereby register for the Workshop "Female Pelvis" with Pilar Martin.

Name

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Address

Date

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Phone/Fax/email

Signature

To complete your registration please scan/email to:

Send your registration form to: Konrad Obermeier rolfing@konradobermeier.de

Or snail-mail to:

Praxis Konrad Obermeier
Skills Institute
Sollnerstrasse 43

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BIC (SWIFT): DEUTDEDBMUC