



European Rolf Movement™ Training

2018-2019

**Instructors: France Hatt-Arnold, Giovanni Felicioni,
Pierpaola Volpones and Rita Geirola**

Location: ERA, Munich

Starting in 2018 through 2019 the European Rolfing® Association offers three rounds of Rolf Movement™ Trainings. These three rounds will be taught in a new modular format: each Training Round will take place over 3 Phases; and each Phase will have two or three Modules.

The aim of teaching in smaller modular units is twofold. Firstly to give Rolfers™ attending the training the opportunity to bring the elements experienced in class to their practices, and then to come back to class with further questions and insights from what has been applied. Secondly Rolfers™ will be able to combine the Parts from any round: you might, for example, start with Phase 1 and 2 of the first Training Round, and complete your formation with Phase 3 of the second Training Round. The Phases of each of the three Training Rounds will be taught by an instructor/assistant pair from the European Rolf Movement Faculty. Please see schedule below.

Phase 1 (11 days)

FUNCTIONAL EMBODIMENT OF THE 10 ROLFING® SESSIONS

In this part of the training we will deepen the understanding of the functional aspects of the 10 Rolfing® sessions. The embodied explorations will be a platform for the Rolfer™ to deepen their understanding of the Rolfing® process and to be able therefore to offer more resonant movement explorations for their clients through the sessions.

Phase 2 (10 days)

STRATEGY AND DESIGN OF A ROLF MOVEMENT 3-SERIES

In this second phase we will focus on learning how to strategize and build a series of 3 Rolf Movement Sessions, not necessarily linked to the classical Rolfing Process; this will support Rolfers in creating a richer tool-set for meeting the varied needs of clients. Ultimately the intention is to support the client's development of their body awareness and their ability to creatively sustain the benefits they gained from their 10 series Rolfing process. That said this series of three Rolf Movement Sessions could equally be used with clients who have not undergone the classical Rolfing Process itself and may be looking for an introduction to it.

Phase 3 (9 days)

INTRODUCTION TO LEADING ROLF MOVEMENT GROUPS

In this last phase, using Rolf Movement theory, principles and embodied explorations, we will explore further how to create sequences and sustain series of movement exploration classes to be used in a group setting. This phase is intended to assist Rolfers in creating additional support for their clients on-going work on themselves. It will also provide a new vehicle with which to reach out to interested groups, through Rolfing Movement classes, as a potential way of meeting new clients and introducing them to the Rolfing Process.

Phase 3 invites already certified Rolf Movement Practitioners to participate in the newly developing aspect of the Rolfing body of knowledge – “leading groups”.

Rolf Movement™ Instructors



Giovanni Felicioni

I am an Advanced Rolfer™, Rolf Movement™ Practitioner and a Yoga Teacher. I have been practicing as a body worker and teaching movement in London and abroad for the past 26 years. I teach on the European Rolwing® Faculty, train yoga teachers in the lineage of Vanda Scaravelli, run a practice in London and teach workshops for Independent Dance and embodiment on the Master Programme at the Laban Institute.

I'm inspired by the work of Hubert Godard and Peter Schwind and by the relationship of meditation practice to the "integration" themes we are passionate about in the embodiment of the Rolwing Process.



Rita Geirola

I am a certified Advanced Rolfer™. Certified in 1987, Rolf Movement™ Practitioner in 1997, my background includes studies in the field of Physical Education and Mézières Method, as well as certificates as Feldenkrais Practitioner (1992) and Pilates Instructor (1998). My main curiosity is finding different approaches and languages to address individual client's needs and resources to achieve a full development of their potentiality and integration. Points of view of Hubert Godard, Peter Levine and M. Feldenkrais have had a deep impact on me and my teaching. I am a Rolf Institute Instructor in Rolwing® and Rolf Movement™. I give individual and group sessions in my practice "Il Punto di Svolta" in Torino, Italy.



France Hatt-Arnold

I practice in Geneva, Switzerland since 1986. I am a Rolf Movement™ Instructor for the Rolf Institute® since 1994 and a Rolwing® instructor for the European Rolwing® Modular training since 2007. I was raised in an environment of music & movement education. My research towards gracious movement supported by a resilient and receptive body has been anchored in the fascial work easing gravity flow, and the integration of gravity into daily life's general movement. Inspired by Hubert Godard's contribution to the Rolf Institute, I blended his work and research to the Rolwing® and Rolf Movement™ tradition. I teach regular Rolf Movement™ classes to clients, dancers, physiotherapists and orthopaedists.



Pierpaola Volpones

I am a member of the Rolf Institute since 1986; I'm a certified Advanced Rolfer™ and Rolf Movement™ Practitioner.

Rolwing® has been my fulltime profession since I graduated in 1986 and still it is my passion and main interest.

Teaching Rolwing® is also my passion; I completed the teacher training in 2006 and since then, besides my Rolwing® practice in Italy, I teach Rolwing® and Rolf Movement™ trainings and workshops.

European Rolf Movement™ Certification Training 2018-2019

Registration form

Rolf Movement Cert. Training 2018-2019

ROUND THREE

Phase I

FUNCTIONAL EMBODIMENT OF
THE 10 ROLFING SESSIONS

Instructor: G. Felicioni

Assistant: P. Volpones

Modul 1 Fri. 30.11. – Sun. 02.12.2018
Modul 2 Thu. 24.01. – Sun. 27.01.2019
Modul 3 Thu. 14.03. – Sun. 17.03.2019

Regular fee: 2070 €
Early registration fee: 1915 €

Phase II

STRATEGY AND DESIGN OF A ROLF
MOVEMENT 3-SERIES

Instructor: F. Hatt-Arnold

Assistant: G. Felicioni

Modul: Wed. 03.07. – Sun. 14.07.2019
Days off: Sat. 06.07. + Wed. 10.07.2019

Regular fee: 1895 €
Early registration fee: 1750 €

Phase III

INTRODUCTION TO LEADING ROLF
MOVEMENT GROUPS

Instructor: R. Geirola,

Assistant: F. Hatt-Arnold

Modul 1 Thu. 10.10. – Sun. 13.10.2019
Modul 2 Wed. 27.11. – Sun. 01.12.2019

Regular fee: 1715 €
Early registration fee: 1580 €

Terms and Conditions

Training Fee for 2018: € 5460.-

Registration and down payment of € 500,- required by: 1 October 2018

Early registration for 2018: € 5040,-

Registration and down payment of € 500,- required by: 1 September 2018

Admission requirements: Certified as a Rolfer™; ERA / RISI membership

Please send your payments to:

European Rolfig® Association e.V.

Account no. 88 77 800

Bank für Sozialwirtschaft

IBAN: DE 03 7002 0500 0008 877800

BIC: BFSWDE33MUE

Cancellation fees:

Cancellation after 1 October 2018: no refund of the down payment.

Cancellation less than four weeks before the start of the Rolf Movement™ Certification Training: full tuition

We offer a cancellation insurance issued by our renowned partner Europäische Reiseversicherung. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please refer to the information for further details.

Minimum number of participants: 13 for each phase. If this number is not reached by 15 September 2018, the training can be cancelled by ERA.

Registration:

I have read and agreed to the conditions above and hereby register for the ERA Rolf Movement™ Certification Training. In particular, I agree to the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.

Name

Address

Phone/Fax/email

Date

Signature

To complete your application, please send, scan/email or fax it to:

European ROLFING® Association e.V. Saarstraße 5 80797 München Fax: +49 89-543709-42 Email: training@rolfig.org
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