



Scar Workshop

3,5-day-workshop for Rolfers™

Instructor: Andrea Clusen

May, Wed. 1 – Sat. 4, 2019, Munich

Scars leave marks on the body. They stay with us for the rest of our lives. They remind us of events, surgeries, accidents. Every scar has a unique story. Some can limit motion, movement and expression. Integrating Scar Tissue is Sharon Wheeler's original discovery, and one that she is continually developing and expanding on. There are more than 19 separate techniques used to integrate different qualities of scar tissue into the fascial web. Most will be demonstrated in class. They are simple to learn and easy to do.

Working with scars is like speaking a different language in the world of connective tissue. Scar tissue is very dense fascia with unique properties. Scar tissue work mostly uses a casual, light touch.

The work is rarely painful - even for very new scars, and the amount of change in one intervention is extensive. The cosmetic effect is delightful and the functional changes can be profound. Natural and surgical scars of any age respond immediately followed by a short period of rapid healing and continued improvement. The improvements are permanent.

Scar tissue quality changes quickly and easily. Lumps, gaps, ridges, holes, bumps, knots, and strings in the tissue rapidly smooth out into a three dimensional fascial web. The work starts with the surface layers and goes into the far reaches of the scar including work with any involved viscera. Scar work often results in large whole body integration shifts along with trauma resolution, and nerve-impaired numbness usually resolves within a session.

Practitioners will learn these techniques well enough to take them home and use them the next day in their private practices. Scar work can fit seamlessly into an SI series or be used as a stand-alone intervention session.

The workshop is taught by:



Andrea Clusen is a cert. Advanced Rolfer™ practicing since 2004 and a Rolfing® teacher in training. She is one of the few Scar Work instructors accredited by Sharon Wheeler. She has other skills such as several handcrafts and working hands on and off body in so called energetic bodywork approaches.

Working with and trusting the wisdom of hands is one of the leading threads in her life.

Date:

May 1 - 4, 2019, 3,5 days

Wednesday 9 am - Saturday 3 pm

Place:

European ROLFING® Association e.V. Saarstr. 5, 80797 München

Credits:

3,5 Elective Credits)

Prerequisites for attending the workshop: Rolfers™ with any level of practice.

Training Fee: € 595,-

Early registration: € 525,-

To qualify for early registration you have to send your registration and the payment before February 10, 2019.

To complete your application, please fill out and sign this registration form:

Registration: Workshop “Scar Workshop”

May 1-4, 2019 with Andrea Clusen

Fee: € 595,- regular, € 525,- for early registration before February 10, 2019

After sending in your registration you will get an invoice.

Cancellation fees:

The following cancellation fees apply: Cancellation up to six weeks before start 50 € cancellation fee, up to two weeks before start 50% of the full tuition. Cancellation less than two weeks before start or no-show: 100% of the full tuition. We offer a cancellation insurance issued by our renowned partner Europäische Reiseversicherung. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please use the form on the homepage: www.rolfing.org)

A minimum number of participants is requested. If this minimum is not reached, classes can be cancelled.

Registration:

I have read and agreed to the conditions above and hereby register for the above Workshop. In particular, I agree to the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.

Name

Address

Phone/Fax/email

Date

Signature

To complete your application, please send, scan/email or fax it to:

European ROLFING® Association e.V. Saarstraße 5 80797 München Fax: +49 89-543709-42 Email: training@rolfing.org
