



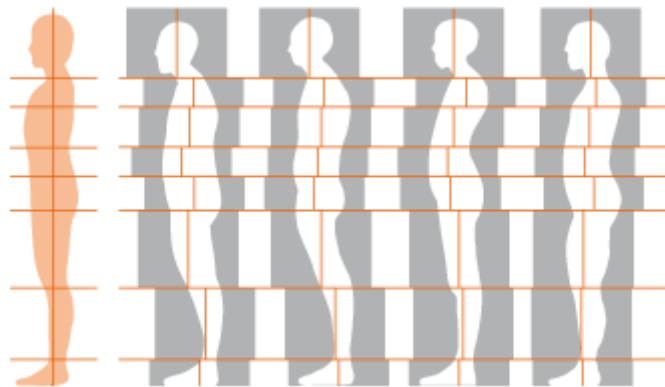
by Anna Neil-Raduner
Certified advanced Rolfer

WORKSHOP INVITATION

Intersubjectivity and the Practice of Rolfing®

WILLIAM SMYTHE, M.A.

JUNE 4 THRU 10 2018



This workshop explores the practitioner's somatic reality (intra-subjective) while engaging with the client's somatic reality (intra-subjective). This intersubjective relationship is the foundation for exploring a body psychology for Rolfers.

You will learn theoretically and experientially: the origins of form and embodiment; about attachment theory and its importance in somatic therapy; how your inner state of mind and body profoundly influences session outcome; methods for staying present with psycho-emotional issues; and discovering the inherent treatment plan.

Last year's training was completely full and a success (testimonials are below). So if you want to attend, reserve now. I hope you will join me in this very profound and transformative work.

Intersubjectivity and the Practice of Rolfing®

Rolfing® primarily emphasizes the need to work through the client's myofascial network in bringing about structural integration and resolving somatic dysfunction. However, recent research has demonstrated that the relationship between practitioner and client plays a significant role in our clinical success, even more so than technique. This therapeutic relationship is mediated through the emotional bond that is formed and the regulation of feelings between our clients and ourselves.

This "feeling of what is happening" will be explored through the theories of pre- and perinatal development, somatic psychology, and Somatic Experiencing®. Students will discover the right use of clinical intuition, empathy, instinctual intelligence, and how to work with issues of somatic transference and countertransference in facilitating mind and body integration in our clinical work.

STUDENTS WILL LEARN

1. What intersubjectivity is and its effectiveness in the therapeutic relationship.
2. An overview of pre & perinatal psychology and its importance in the formation of the Self.
3. The origins of form and embodiment – how did I get shaped this way?
4. A review of the psychological theories of Freud, Reich, Jung, Rogers, and Maslow and their importance in somatic therapies.
5. How the practitioner's inner state of mind and body (somatic countertransference) profoundly influences session outcome.
6. Skills in tracking and responding to ANS and CNS discharge.
7. Methods for staying present with psycho-emotional issues.
8. A deeper understanding of the ten series.

Students attending this workshop will improve their structural integration skills and be able to resolve the "lingering" psycho-emotional issues in any given session. Most importantly, students will learn to bring their whole self – body, mind, emotions, and spirit to every session.

William Smythe, M.A., is a pioneer in the fields of Somatic Psychology and Roling® Structural Integration. He has practiced Roling since 1979, served as a Faculty Member of the Rolf Institute from 1990 to 2001, and received his master's degree in Somatic Psychology in 2007. Bill is a 5th-degree black belt in aikido and sensei of the [Aikido Arts Center](#) in Santa Fe, NM



WHERE [Chateau Rochefort](#), At the heart of Allaman, a picturesque village in La Côte, Château Rochefort serenely watches over its estate's four hectares of vines. Located near St-Livres on the north side of the famous Lake Geneva area surrounded by beautiful vineyards.



ACCOMODATIONS

Le Coq Chantant



Dormitory Room

100CHF

Double Room

120CHF

Single Room

160CHF

Rate per person per day,
breakfast and coffee
breaks, VAT
included.

Château Rochefort



Small Double Compostella

Room with kitchenette

78.— per person

Suite Village, Apartment
with kitchen, max 4 people

CHF 98.— per person

Suite Château, apartment
with kitchen, max 6 people

CHF 98.— per person

Rate per person per day,
breakfast and coffee
breaks, VAT
included.



Food and Drinks



111 RESTAURANTS WITHIN WALKING DISTANCE. LOCAL, VARIED CUISINE, ALSO VEGETARIAN CUISINE.

Big supermarket within walking distance for self-cooking. The garden of Chateau Rochefort and the yard is open for picnics.

LOGISTICS

SCHEDULE

The workshop begins on Monday the 4th of June at 9 AM and ends on the 10th at 4 PM 2018

DAILY SCHEDULE

9am to 12 PM and 2 PM to 6 PM

COST

Workshop fees for 6 days (3 days workshop, 1 day off, 3 days workshop)

Normal Price: CHF 1200

Early Bird: CHF 1100 (If you book before April 1st)

Very Early Bird: CHF 1050 (If you book before March 1st)

PAYMENT

INFORMATION

Workshop and hotel registration should be made before the end of March. Final confirmation from us will be done when the payment is made on the following account:

Anna Dorothea Neil-Raduner
Rue St-Laurent 5
1176 St-Livres

Bank: Caisse d'Epargne d'Aubonne CP 56, 1170 Aubonne

Clearing Bank: 8327 BIC RBABCH22CEA

IBAN: CH65 0832 7430 1817 4750 6

REGISTRATION

Please confirm your participation to Anna Neil-Raduner (neil-raduner@rolfing.ch) or per telephone (+41 79 691 55 29). Please do not forget

to indicate your **name, mobile phone, mailing address, and email address.**

FINAL REGISTRATION WILL BE FIXED WHEN PAID.

- *Cancellation fees: The following cancellation fees apply. Cancellation up to 6 weeks before start CHF 50 cancellation fee, up to 2 weeks before start 50% of the full tuition. Cancellation less than 2 weeks before start or no-show, 100% of the full tuition.*

- *We offer a cancellation insurance issued by our renowned partner Europäische Reiseversicherung. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please refer to the information for further details :*

- *A minimum number of participants is requested. If this minimum is not reached, classes can be canceled.*

- *Registration: I have read and agreed to the conditions above and hereby register for the Workshop with Bill Smythe in June 2017. In particular, I agree with the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.*

CONDITIONS

- Maximum number of participants: 20 persons
- The language of the workshop is English, without any translations.
- The workshop will give you 3 electives credits, and 3 manipulation credits.

HOW TO GET THERE

- **Le Coq Chantant in St Livres** (Find us)

- **By car:** A1/E25/E62 Aubonne exit (follow IKEA sign). Continue into the centre of Aubonne, turn right towards Lavigny /Bière and follow the Route de vignoble. After 4 km, turn left to St-Livres.

- **By public transport:** Swiss rail timetable information www.sbb.ch. Take a train to Morges or Etoy station and then continue to St-Livres by bus or by taxi.
- **By plane:** [Geneva airport](#). 35 minutes away from the airport, by car. Or take an SBB train.

- **Château Rochefort in Allaman** (*Find us*)

- **By car:** A1/E25/E62 Aubonne exit (follow IKEA sign) and turn right and you will find the Château in the centre.
- **By train:** Take a train to Allaman. www.sbb.ch
- **By plane:** [Geneva airport](#). 30 minutes away from airport, by car. Or take an SBB train.

Please choose your favorite place and room for your stay and Anna will try to find the ideal place for you to stay and will do the booking for you. For those of you who wish to stay at the Coq Chantant, it is best to have your own car to come from the Coq Chantant to the Chateau Rochefort where the workshop will be held (10 minutes away by car). If you have any questions, ask Anna!

Testimonials



"The Workshop was amazing.

You provided a really supportive environment in which we all felt safe to share our thoughts, feelings, and experiences. There was an incredible energy in the room; totally unforgettable.

Bill is truly inspiring...encouraging self-reflection and everyone's unique process of change. Without a doubt, for me (and I think for others present) it was about growth - learning how to give and receive. There were techniques presented, but this workshop was much more than just technique.

There were moments that will stay long in my memory. I came with expectations which were met and exceeded. I am still processing and reflecting upon what occurred and if the opportunity arises I will return eagerly." - Michail Fogerty

"This workshop has been a watershed for me: firstly because I was so lucky to receive a session by Bill, which indeed changed my life. In addition to that I found enrichment and nourishment in the topics addressed and in exchanging experiences, ideas, and inspirations with my colleagues there. We have been a marvelous group. Thanks also to the hearty, respectful and caring assistance and organization by Anna.

About Bill: besides his competence and expertise, humor, and deep knowledge, he was there for each and every one of us (20!!!), bestowing all his energy with sincere generosity. I am so thankful for that week in Allaman." - Marzia

"Well, what to say. 20 friends on a Soma (Trauma?) journey with a great teacher, who gives us back the body for this journey to travel through, based on profound Rolfing. With such an allowance to just be human, a fantastic sense of humor and a strong, loving, holding and protective field. We could allow ourselves to be in process, learning about clear boundaries and became one

body.

"The journey which is not finished for now will go on. How wonderful." - Birgit

"All I can say at this point is that some kind of magic was created that helped each Rolfer get in touch with his/her inner strength and deep inner resources." - Cheryl

"Hello. You know that being a bodyworker means that you have to deal with what the client arouses in you and what you arouse in him/her. You need to contain all those emotions, and reactions. So, they find a safe place to be, just be. A safe place that you are providing.

To be able to contain those emotions, you first need to know within yourself what those emotions are, to know which ones you know and deal well with, and to discover those ones you don't deal with so well. .

Bill's work will provide you with an opportunity to deal with those issues about yourself, that will make you provide a larger container.

I discovered that I could say NO for real, that I could really build a boundary that no one will transgress if I don't want to.

I discovered that I had a judgment about male energy being bad. It is not bad, it is good. It is potency, it just doesn't need to become power.

I experienced that a group can be a One. And for me and my client as well. That we are tuned and we influence each other. I knew that in my mind but never experienced it before.

Do you need to really acknowledge and experience some issues of yours? If you engage yourself, in that week with Bill you will." - Ismael



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