



The Many Aspects of Ribs

Instructor: Tessy Brungardt
August 10th - 12th, 2019 - Italy

The ribs are a protective and organizing aspect of the thorax. With several joints of their own to the spine and the sternum, and with the attachment of many other structures to them, including viscera, pelvis, spine and shoulder girdle, they are part of a complex system that can be difficult to understand and work with effectively. Because of their central importance, and their direct relationship to the breath, disorganization of the ribs can cause deep and system wide difficulties. They can also be profoundly affected by habitual patterns and trauma.

In this class we will discuss the anatomy and functional aspects of the ribs and their relationships to neighboring structures. We will explore how rib disorganization affects these structures and how these structures affect the ribs. We will study the implications of breathing fixations and trauma on rib organization. And, we will learn specific palpation and manipulation techniques for resolving these issues to bring the whole system to higher function and ease.

This class will include lectures, demonstrations, practicum's, and exchange of sessions.

Tessy Brungardt



Advanced Rolwing® Instructor.

She received her BA in environmental Biology in 1976.

Once introduced to Rolwing® SI in 1979, she was inspired to take her exploration into the human realm. She became an Advanced Rolwing Instructor in 2002 and maintains a practice in Baltimore, Maryland USA.

Date: **August 10th – 12th, 2019, Italy**
Place: **Hote RE ENZO, via Santa Croce 26 - 40122 Bologna (BO)**
Credits: **3 Intermediate Required Credits (Manipulation)**

Prerequisites for attending the workshop: Rolfers™ with any level of practice

Training Fee: € 450,- (+22% VAT)

Early registration: € 380,- (+22% VAT)

To qualify for early registration you have to send your registration and the payment before 30th April 2019.

To complete your application, please fill out and sign this registration form:

Registration: Workshop “Sitting and Standing Work” with Tessy Brungardt; August 10th - 12th, 2019, Italy

Fee: € 450,- (+22% VAT) regular, € 380,- (+22% VAT) for early registration before 30 April, 2019

IMPORTANT: for the non-Italian: add your fiscal / tax number so that you don't have to pay VAT.

After sending in your registration you will get an invoice.

Cancellation fees:

The following cancellation fees apply: Cancellation up to six weeks before start 50 € cancellation fee, up to two weeks before start 50% of the full tuition. Cancellation less than two weeks before start or no-show 100% of the full tuition.

A minimum number of participants is requested. If this minimum is not reached, classes can be cancelled.

I have read and agreed to the conditions above and hereby register for the Workshop “The many aspects of the ribs”. In particular, I agree to the cancellation policy.

Name

Address

Phone/Fax/email

Birthday

Place of Birth

Tax/Fiscal Number/Codice Fiscale

Date

Signature

To complete your application, please scan/email it to:

Formazione Rolwing Italia: infotraining@rolwing.it